

Values Detective

Follow each clue, then name the value it might point to. Guesses are welcome.

CLUE 1

A time I felt angry or frustrated about how something was handled:

Value being stepped on

CLUE 2

A time I felt most like myself, fully absorbed or at ease:

Value in motion

CLUE 3

Someone I admire (real or fictional) and what I admire about them:

Value I share with them

CLUE 4

I feel a pang of envy when I see people who get to...

Value I may be denying myself

CLUE 5

My body relaxes (shoulders drop, breath slows) when I'm...

Value my body agrees with

Values that showed up more than once

My top values right now

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